

SBS-ANL-SBS1996-110796138_A5 5.0 "Longlife-01"

Fgst-Nr:	Fahrzeug: 4' / F82 / COUPE / M4 / S55 / USA / LL / MECH / 2014 / 5
Systemversion: 1.1.6	Datenversion: 3.44

Anlage 5 zu SI 11 07 96 (138), Ausgabe 03/2010; Update 06/2014

5.0 "Longlife-01"

Freigegeben für folgende BMW Motoren: [siehe Anlage 3](#)

5.1 BMW Longlife-01 Öle über BMW Teilevertrieb erhältlich:

BMW Quality Longlife-01 SAE 0W-40 (vollsynthetisch)ACEA: A3/B3, EC II

Handelsname	BMW Teilenummer	Gebinde
BMW Quality Longlife 01	83 21 0 144 456	1 Liter
BMW Quality Longlife 01	83 21 0 144 458	208 Liter
BMW Quality Longlife 01	83 21 0 144 459	Tankwagen

BMW Quality Longlife-01 SAE 5W-30 (vollsynthetisch)ACEA: A3/B3, EC II

Handelsname	BMW Teilenummer	Gebinde
BMW Quality Longlife 01	83 21 0 144 450	1 Liter
BMW Quality Longlife 01	83 21 0 144 452	208 Liter
BMW Quality Longlife 01	83 21 0 144 453	Tankwagen

MINI Quality Longlife-01 SAE 5W-30 (vollsynthetisch)ACEA: A3/B3, EC II

Hinweis:

Entfällt aus dem Teilekatalog. Wird ersetzt durch Longlife-04 SAE 5W-30

5.2 Namentlich freigegebene Longlife-01 Öle:

Handelsname	Viskosität	Hersteller/Lieferant
77 MOTOR Oil SM	SAE 5W-40	77 Lubricants B.V.
Addinol Eco light	SAE 5W-40	Addinol Lube Oil GmbH
Addinol Super power MV 0537	SAE 5W-30	Addinol Lube Oil GmbH
Addinol Super Light 0540	SAE 5W-40	Addinol Lube Oil GmbH
Adnoc Image	SAE 5W-30	Abu Dhabi National Oil Co.
Agip Sint 2000 Evolution	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
Agip TECSINT SL	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
AKTUAL FULLY SYNTH	SAE 5W-40	PETRONAS LUBRICANTS INTERNATIONAL
Alpine Longlife	SAE 5W-30	Mitan Mineralöl GmbH
Alpine RS	SAE 0W-30	Mitan Mineralöl GmbH
Alpine RS	SAE 0W-40	Mitan Mineralöl GmbH
AREXONS 3x B4	SAE 5W-40	PETRONAS LUBRICANTS INTERNATIONAL
Aral High Tronic M	SAE 5W-40	Aral AG
Aral SuperSynth	SAE 0W-40	Aral AG
Aral SuperTronic G	SAE 0W-30	Aral AG
Astro Boy Super Racing Original High Performance Motor Oil	SAE 5W-30	Kawada Holdings Co LTD
Avia Synth	SAE 5W-40	Avia Mineralöl AG
Aviaticon Unique DC	SAE 5W-30	Finke Mineralölwerk GmbH
AXCL S-Class Motor Oil	SAE 5W-30	AXCL Gulf FZE

Biloxxi	SAE 5W-30	MCC Trading Deutschland GmbH
BOOSTER 600 PLUS	SAE 5W-40	Additive Products (M) Sdn Bhd
BP Super V Plus	SAE 5W-40	BP Oil International
BP Visco 5000	SAE 5W-30	BP Oil International
BP Visco 5000	SAE 5W-40	BP Oil International
Castrol Edge 0W-30 A3/B4	SAE 0W-30	Castrol Limited
Castrol Edge 0W-40 A3/B4	SAE 0W-40	Castrol Limited
Castrol Edge 5W-30 A3/B4	SAE 5W-30	Castrol Limited
Castrol Edge 5W-40 A3/B4	SAE 5W-40	Castrol Limited
Castrol Edge 5W-40 SN	SAE 5W-40	Castrol Limited
Castrol Edge Professional A3	SAE 5W-40	Castrol Limited
Castrol Edge Professional A3	SAE 0W-30	Castrol Limited
Castrol Edge Professional A3	SAE 0W-40	Castrol Limited
Castrol Edge Professional A3	SAE 5W-30	Castrol Limited
Castrol Edge Professional BMW LL01	SAE 0W-30	Castrol Limited
Castrol Edge Professional BMW LL01	SAE 5W-30	Castrol Limited
Castrol Edge Professional BMW LL01	SAE 5W-40	Castrol Limited
Castrol Edge Professional BMW LL01	SAE 0W-40	Castrol Limited
Castrol Edge Professional OE	SAE 5W-40	Castrol Limited
Castrol Edge SAE 5W-40 US	SAE 5W-40	Castrol Limited
Castrol Edge with SPT	SAE 0W-30	Castrol Limited
Castrol Edge with SPT	SAE 5W-40	Castrol Limited

Castrol Edge Titanium	SAE 5W-40	Castrol Limited
Castrol GTX 5W-40 A3/B4	SAE 5W-40	Castrol Limited
Castrol GTX High Mileage	SAE 5W-40	Castrol Limited
Castrol Magnatec Professional A3	SAE 5W-40	Castrol Limited
Castrol Magnatec 5W-30 A3/B4	SAE 5W-30	Castrol Limited
Castrol Magnatec 5W-40 A3/B4	SAE 5W-40	Castrol Limited
Castrol Magnatec Professional A3	SAE 5W-30	Castrol Limited
Castrol Magnatec stop-start 5W-30 A3/B4	SAE 5W-30	Castrol Limited
Castrol Magnatec stop-start 5W-40 A3/B4	SAE 5W-40	Castrol Limited
Cepsa Star Mega Synthetic	SAE 0W-30	Cepsa Lubricantes S.A.
Drive Power 37+	SAE 5W-40	Additive Products (M) Sdn Bhd
Elf Evolution	SAE 5W-40	Total
ELF Evolution 900 FT	SAE 5W-40	TOTAL Lubrifiants
Elf Evolution Turbo	SAE 5W-40	Total
Elf Excellium	SAE 0W-30	Total
Elf Excellium Full-Tech	SAE 0W-30	Total
Elf Excellium Full-Tech	SAE 5W-40	Total
eni i-Sint	SAE 5W-40	eni S.p.A
Enoc Protec Xtreme	SAE 5W-40	Emirates National Oil Cy
Esso Ultron	SAE 5W-40	ExxonMobil
Esso Ultron Turbo Diesel	SAE 5W-40	ExxonMobil
EuroL Super Lite	SAE 5W-40	EuroL BV
Evolution OEM Series-01	SAE 5W-30	Top Oil 1 Products Company
Evolution OEM Series-01	SAE 5W-40	Top Oil 1 Products Company

Fina First 600	SAE 0W-30	Total
Galp Active 3000 M	SAE 5W-40	Petrogal SA
Galp Energy Plus	SAE 5W-40	Petrogal SA
Galp Formula XLD	SAE 5W-40	Petrogal SA
G-Energy F Synth	SAE 5W-30	Gazpromneft-lubricants Ltd.
G-Energy F Synth	SAE 5W-40	Gazpromneft-lubricants Ltd.
G-Energy Service Line MS	SAE 5W-30	Gazpromneft-lubricants Ltd.
GD 7.1	SAE 5W-40	Additive Products (M) Sdn Bhd
GHAF PLATINUM 5W40 – LL01	SAE 5W-40	WOQOD (QATAR FUEL)
Gulf Formula Extreme	SAE 0W-30	S.A. Espanola de Lubrificantes
Gulf Formula GX	SAE 5W-30	S.A. Espanola de Lubrificantes
Gulf Formula GX	SAE 5W-40	S.A. Espanola de Lubrificantes
Gulf Formula S	SAE 5W-40	S.A. Espanola de Lubrificantes
Havoline Synthetic Motor Oil	SAE 5W-40	Chevron Lubricants
Havoline Synthetic	SAE 5W-40	Chevron Lubricants
Havoline Ultra	SAE 5W-40	Chevron Lubricants
High Star	SAE 5W-40	Addinol Lube Oil GmbH
IDEMITSU ZEPRO EURO SPEC	SAE 5W-40	Idemitsu Kosan Co., Ltd
INA Futura MB	SAE 5W-30	INA Maziva Rijeka
IP Sintiax Motor Oil Excel	SAE 5W-40	Italiana Petroli
Kendall GT-1 Full Synthetic Motor Oil	SAE 5W-40	Kendall Motor Oil
KIXX PAO LL01	SAE 5W-30	GS Caltex Corporation

KIXX PAO LL01	SAE 5W-40	GS Caltex Corporation
Liqui Moly Leichtlauf High Tech	SAE 5W-40	Liqui Moly GmbH
Liqui Moly Special Tec LL	SAE 5W-30	Liqui Moly GmbH
Liqui Moly Optimal Synth	SAE 5W-30	Liqui Moly GmbH
Liqui Moly Pro-Engine M300	SAE 5W-30	Liqui Moly GmbH
Lotos Syntetic Plus	SAE 5W-40	Lotos Oil S.A.
Lotos Syntetic Turbodiesel Plus	SAE 5W-40	Lotos Oil S.A.
Lukoil Luxe Synthetic	SAE 5W-40	OOO "LLK-International"
Masteroil v-tec Premium	SAE 0W-40	Interparts Autoteile GmbH
MBM	SAE 5W-40	BaoMa (TianJin) Petroleum Product Corp. Ltd.
MDX Mega Plus	SAE 5W-40	AD Parts
Megol Motorenoel High Condition	SAE 5W-40	Meguín GmbH & Co. KG
Megol Motorenoel Quality	SAE 5W-30	Meguín GmbH & Co. KG
Meisteröl LL	SAE 5W-30	EPRO GmbH
Midland(R) Synqron	SAE 5W-40	Öel-Brack AG
Mobil 1	SAE 0W-40	ExxonMobil
Mobil 1 Arctic	SAE 0W-40	ExxonMobil
Mobil 1 New Life	SAE 0W-40	ExxonMobil
Mobil 1 Turbo Diesel	SAE 0W-40	ExxonMobil
Mobil Formula X2	SAE 5W-40	ExxonMobil
Mobil Oil SM	SAE 5W-40	Translation Blenders B.V.
Mobil Super 3000 X1	SAE 5W-40	ExxonMobil
Mobil Super 3000 X1 Diesel	SAE 5W-40	ExxonMobil
Mobil Super 3000 X2	SAE 5W-40	ExxonMobil
Mobil Super 3000 X2 Turbo Diesel	SAE 5W-40	ExxonMobil

Mobil Synt S	SAE 5W-40	ExxonMobil
MOL Dynamic Synt	SAE 5W-30	MOL-LUB Lubricant Ltd.
Motul Expert M	SAE 5W-40	Motul
Motul Synergie	SAE 5W-40	Motul S.A.
Motul 8100 X-cess	SAE 5W-40	Motul S.A.
Motul 8100 X-max	SAE 0W-40	Motul S.A.
Motul 8100 X-max	SAE 5W-30	Motul S.A.
National Synthetic	SAE 5W-40	Pinnacle Oil, Inc.
OLEOBLITZ PULSAR C.R.	SAE 5W-40	PETRONAS LUBRICANTS INTERNATIONAL
Omera Lube 1	SAE 5W-40	MJL Bangladesh Ltd.
OMV Bixxol special BM	SAE 5W-30	OMV AG
OMV Bixxol special G	SAE 5W-30	OMV AG
Orlen star synt S	SAE 5W-40	Orlen
PAZ Extreme LL-01	SAE 5W-30	PAZ Lubricants & Chemicals
Pennzoil European Formula Ultra	SAE 5W-30	Pennzoil-Quaker State
Pennzoil Platinum European Formula Ultra	SAE 5W-30	Pennzoil-Quaker State
Pennzoil Ultra Euro	SAE 5W-40	Pennzoil-Quaker State
Pennzoil Ultra Euro 5W-40 Full Synthetic Motor Oil	SAE 5W-40	Shell International Petroleum Co.
Pento High Performance	SAE 5W-30	Deutsche Pentosin-Werke
Petronas Syntium 3000	SAE 5W-40	Petronas Lubricants International
Power Oil High-Tech-Schmierstoffe Vollsynth.	SAE 0W-40	Power Oil e.K.
Prista Ultra	SAE 5W-30	Prista Oil AD
Q8 Formula Excel	SAE 5W-40	Kuwait Petroleum

Q8 Formula Special	SAE 0W-30	Kuwait Petroleum
Quaker State DeLux Synthetic	SAE 5W-40	Pennzoil-Quaker State
Quaker State Synquest	SAE 5W-40	Pennzoil-Quaker State
Quaker State Ultimate Durability European Full Synthetic Motor Oil	SAE 5W-40	Shell International Petroleum Company
Quaker State Ultimate Durability Euro 5W-40 Motor Oil	SAE 5W-40	Shell International Petroleum Company
Quantum Synta ED 0W-30	SAE 0W-30	Quantum
Q Horsepower Full Synthetic	SAE 5W-40	Pennzoil-Quaker State
QS Ultimate Durability European	SAE 5W-30	Shell International Petroleum Co
QS Ultimate Durability European	SAE 5W-40	Pennzoil-Quaker State
QS Ultimate Durability European 5W-40 Full Synthetic Motor Oil	SAE 5W-40	Shell International Petroleum Company
Ravenol HCL	SAE 5W-30	Ravensbuger Schmierstoffvertrieb GmbH
real,- Quality GSR	SAE 5W-30	real,- Handels GmbH
Repsol Elite Common Rail	SAE 5W-30	Repsol YPF
Repsol Elite Competicion	SAE 5W-40	Repsol YPF
ROWE HIGHTEC SYNT RSi	SAE 5W-40	ROWE Mineralölwerk GmbH
Shell Helix Diesel Ultra	SAE 5W-30	Shell International Petroleum Company
Shell Helix Diesel Ultra	SAE 0W-40	Shell International Petroleum Company
Shell Helix Diesel Ultra	SAE 5W-40	Shell International Petroleum Company
Shell Helix Diesel Ultra E	SAE 5W-30	Shell International Petroleum Company
Shell Helix HX6	SAE 5W-40	Shell International Petroleum Company

Shell Helix HX7	SAE 5W-40	Shell International Petroleum Company
Shell Helix HX7 C	SAE 5W-40	Shell International Petroleum Company
Shell Helix HX8	SAE 5W-40	Shell International Petroleum Company
Shell Helix HX8 C	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultec	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultra	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultra	SAE 5W-40	Shell International Petroleum Company
Shell Helix Ultra AB	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra AL	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra AM	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra AM	SAE 5W-40	Shell International Petroleum Company
Shell Helix Ultra C	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultra E	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra Extra Polar	SAE 0W-40	Shell International Petroleum Company
Shell MSO-D	SAE 5W-40	Shell International Petroleum Company

Silver State Full Synthetic	SAE 5W-40	Colorado Petroleum
SINOPEC JUSTAR J600F	SAE 5W-40	SINOPEC
SINOPEC JUSTAR J700F	SAE 5W-40	SINOPEC
SN	SAE 5W-40	Jiangsu Huiyan Petroleum Technology Co. Ltd.
SPC SYN ACE SUPREME API SN	SAE 5W-40	Singapore Petroleum Company Limited
SRS VIVA 1 Longlife	SAE 5W-30	SRS Schmierstoff Vertrieb GmbH
Star synt S	SAE 5W-40	Orlen Oil Sp. z o.o.
Statoil LazerWay B	SAE 5W-30	Statoil Lubricants
SynPower motor oil	SAE 5W-30	Valvoline
SynPower motor oil	SAE 5W-40	Valvoline
Synthetic PC	SAE 5W-30	eni S.p.A.
Synthetic PC	SAE 5W-40	eni S.p.A.
Titan Supersyn Longlife	SAE 5W-30	Fuchs Petrolub AG
Titan Supersyn Longlife	SAE 5W-40	Fuchs Petrolub AG
TNK Magnum Ultratec	SAE 5W-40	TNK Lubricants, LLC
Tor Hypersynth	SAE 5W-40	De Oliebron
Tor Synthetic LL	SAE 5W-30	De Oliebron
Total Activa 9000	SAE 5W-40	Total
Total Activa 9000 Essence	SAE 5W-40	Total
Total Activa 9000 Diesel	SAE 5W-40	Total
Total Activa Energy 9000	SAE 0W-30	Total
Total Quartz 9000	SAE 5W-40	Total
Total Quartz 9000 Energy	SAE 5W-40	Total
Total Quartz Energy 9000	SAE 0W-30	Total

Triathlon Formula LL	SAE 5W-30	Adolf Würth GmbH & Co.KG
Ultra Gold	SAE 5W-30	Greatwall Lube Oil Co. SINOPEC
Valvoline SynPower	SAE 5W-30	Valvoline
Valvoline SynPower HST	SAE 5W-30	Valvoline
Valvoline SynPower HST	SAE 5W-40	Valvoline
Valvoline SynPower motor oil	SAE 0W-40	Valvoline EMEA
Valvoline SynPower MXL	SAE 5W-30	Valvoline
VR 7.1	SAE 5W-40	Additive Products (M) Sdn Bhd
WAVE POWER SM	SAE 5W-40	North Sea Lubricants B.V.
Weco TXI Syntholube	SAE 5W-40	Weco
Westfalen Gigatron	SAE 0W-40	Westfalen AG
Westfalen Megatron	SAE 5W-40	Westfalen AG
Yacco VX 1000	SAE 5W-40	Yacco S.A.S.
Yacco VX 1000 LL	SAE 5W-40	Yacco S.A.S.
Zero Mileage	SAE 5W-40	Shandong Zero Mileage Petro-Chemical Co., Ltd
ZIC XQ	SAE 5W-40	SK Lubricants Co., Ltd.
76 Pure Synthetic Motor Oil	SAE 5W-40	76 Lubricants Company

BMW empfiehlt Castrol.

Stand 06/2014